Great Expectations™ Education Classes – Schedule

PREPARED CHILDBIRTH CLASSES

Classes are offered Thursdays (except for November and December), from 6:00 to 9:00 p.m. This class is FREE of charge for Hospital patients, with your LiveWell Women's Network™ membership*, and $75 per couple for non-Hospital patients.

January 8, 15, 22, 29	July 2, 9, 16, 23
February 5, 12, 19, 26	August 6, 13, 20, 27
March 5, 12, 19, 26	September 3, 10, 17, 24
April 2, 9, 16, 23	October 1, 8, 15, 22
May 7, 14, 21, 28	November 5, 12, 19, 24
June 4, 11, 18, 25	December 3, 10, 17, 22

PREPARED CHILDBIRTH WEEKEND CLASSES

Classes are offered the first two Saturdays of the month (except for April, July, and September), from 9:00 a.m. to 4:00 p.m. This class is FREE of charge for Hospital patients, with your LiveWell Women's Network™ membership*, and $75 per couple for non-Hospital patients.

January 3, 10	May 2, 9	September 12, 19
February 7, 14	June 6, 13	October 3, 10
March 7, 14	July 11, 18	November 7, 14
April 11, 18	August 1, 8	December 5, 12

PREPARED CHILDBIRTH IN SPANISH

A Saturday class is scheduled as requested on a quarterly basis. This class is FREE of charge for Hospital patients, with your LiveWell Women's Network™ membership*, and $50 per couple for non-Hospital patients.

BREASTFEEDING CLASSES

Classes are offered the second Wednesday of the month, from 6:00 to 9:00 p.m. The fee is $25 per couple for Hospital patients, with your LiveWell Women's Network™ membership*, and $50 per couple for non-Hospital patients.

January 14	May 13	September 9
February 11	June 10	October 14
March 11	July 8	November 11
April 8	August 12	December 9

CARING FOR MOM/CARING FOR BABY

Classes are offered the third Wednesday of the month, from 6:00 to 9:00 p.m. The fee is $25 per couple for Hospital patients, with your LiveWell Women's Network™ membership*, and $50 per couple for non-Hospital patients.

January 21	May 20	September 16
February 18	June 17	October 21
March 18	July 15	November 18
April 15	August 19	December 16

BIG BROTHER/BIG SISTER

Classes are offered the third Saturday of the month (except for April, July, and September), from 10:00 a.m. to noon. This class is FREE of charge.

January 17	May 16	September 26
February 21	June 20	October 17
March21	July 25	November 21
April 25	August 15	December 19

CPR FOR FAMILY AND FRIENDS

Classes are offered the first Wednesday of the month, from 7:00 to 9:30 p.m. The fee is $10 per person.

January 6	May 5	September 1
February 3	June 2	October 6
March 3	July 7	November 3
April 7	August 4	December 1

BREASTFEEDING SUPPORT GROUP

Group meets the third Tuesday of the month, from 10:00 to 11:00 a.m. This meeting is FREE of charge.

January 20	May 12	September 15
February 17	June 16	October 20
March 17	July 21	November 17
April 21	August 18	December 15

ONE-ON-ONE BIRTHING CLASS

Call to arrange a private, two to four hour class. Fee is $100 per couple.

*The LiveWell Women's Network membership is FREE. To join, visit **christussantarosa.org/livewell**.